

stand like this

Here are some great verbs describing movement. Your teacher will show you examples of each one. Call them out and see and have your friends follow.

Stand . . . on one foot.

Lean . . . to the left.

Crouch . . . down.

Face . . . the door.

Raise . . . your arms.

Turn . . . to the left.

Lower . . . your arms.

Twist . . . to the right.

Open . . . your eyes.

Cross . . . your arms.

Close . . . your mouth.

Look . . . at the floor.

Spread . . . your fingers.

Hop . . . up and down.

Bend . . . your elbow.

Shake . . . your hands.

Straighten . . . your arm.

Wave . . . your arms.

Clasp . . . your hands.

Wiggle . . . your fingers.

Stick out . . . your tongue.

Stop . . . moving!



let's practice!!

Talk to a partner. Your teacher will show you a picture of a person standing in a fun position. Only you will see the card. Don't show it to your partner. Use the words above and have your partner stand in the position shown on the card. Then, switch sides and let your partner direct you!

Simon Says...

Say: "Simon says" followed by the actions you want your friends to do. If you don't say "Simon says," your friends should *not* do the action. Try to catch them by switching between "Simon says," and not saying "Simon says." Good luck!

